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Kathy's Kreations
Yarns and Knitting Accessories
141 East Main Street
Ligonier PA 15658 USA
ph.#724-238-9320
e-mail kathyknitz@gmail.com

Kathy's Kreations June 2025 Update
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KATHY'S KREATIONS
 141 East Main Street
 Ligonier, PA 15658
 (724) 238-9320
www.kathys-kreations.com
kathyknitz@gmail.com
 JUNE 2025 UPDATE



Dear Stitchers,

Creativity isn't a luxury -- it's self-care. Make space for what you love doing -- creating! Take a Crafternoon! What's that? According to #yarnspirations: "It's dedicated time to unwind and de-stress through the art of crafting. Whether your hobby is knit or crochet, the important thing is to focus on the journey rather than the destination and to honor the process of making." Each time you pick up your hook or needles to slow down, to create with care, or to reflect, reset, and re-connect, you're not just making something. You are doing real "inner work" in the quietest, most beautiful way. Are you in?

Summer is always such a busy time in Ligonier, and this year more than ever. In addition to the exciting seasonal happenings at Idlewild Park, Story Book Forest and Country Market, we're looking forward to the biographical feature film about Hershey's Candy founder Milton Hershey being filmed in Ligonier. This film is a "period piece" that takes place in the early 1900s. The movie crew tentatively plans to film **June 4th, 5th, & 6th** in the heart of "The Diamond" in Ligonier. Our LYS will be **CLOSED** on those days during the filming, with any changes due to weather or other issues posted to our Facebook and Instagram pages. We're so excited to see this amazing story come to life right here on Main Street!

We're looking forward to something new in town -- the Diamond Market will be held on the first Tuesday of every month during the summer from 2:00 pm - 6:00 pm. Local vendors will feature a variety of food stuffs and merchandise around the Diamond Park area, beginning June 3, 2025. We plan to be open for your shopping pleasure during this fun event.

Steel Valley Yarn Crawl passports go on sale June 1, 2025. Be sure to pick yours up without delay as supplies are limited. This year's passport comes with a stainless steel water bottle featuring the SVYC logo. It promises to be the ten best days of summer!

What will you be making this summer? Summer is the perfect time to try out new projects. Whether you're looking to re-live retro fashion, or make a unique contemporary fashion statement, let stitching be your gateway into warm summer relaxation. There's so much to daydream about, and then cast on...

It's "SUMMER'S HERE!" Month
 25% off all regularly-priced, in-stock KRAEMER YARNS during June 2025

STORE HOURS

OPEN 10:00 am—4:00 pm Monday through Saturday, closed most Sundays
OPEN 10 am - 6 pm on Tuesday, June 3 for the Diamond Market
CLOSED June 4, 5, & 6 for movie production on East Main Street
 Any weather-related changes to hours will be posted on Facebook & Instagram

We accept MasterCard, VISA, Discover, American Express, Apple Pay,
 Google Pay, Tap & Pay

Private knitting, crocheting lessons & "help" available by appointment

Finishing services & gift cards available

Mail orders available – no order too small!

Shopping at Kathy's Kreations has never been easier!

COME IN - CALL US - LOG ON

Like us, follow us, and share us on Facebook (Kathy's Kreations; Ligonier, PA),

"We Love Kathy's" on Ravelry, #kathyknitz on Instagram

Find us at our Ligonier Valley Chamber of Commerce Member Page

e-mail kathyknitz@gmail.com
 please visit our website <https://www.kathys-kreations.com>



*** GREAT NEW STUFF ***

Expect to see a focus on comfortable, drapery, lightweight knitwear this summer, in a variety of textures and styles. Key trends include oversized silhouettes, intricate patterns like granny squares and open-work, and the use of breathable fibers like cotton, linen, and bamboo. Color palettes will feature earth tones, golds, and camels with pops of vibrant reds and blues. Start with what fellow knitters and crocheters can't get enough of -- our recent and most loved picks are full of creativity, color, and comfort. Your needles & hooks will thank you. What are you waiting for? Let's get started!

Summer is arriving this month and we are so ready! Something gorgeous is on our shelves -- it's EMMA'S YARN Crazy Beautiful Club June 2025 selection (shown upper left). EMMA is lightening things up a bit with a lovely light speckling of her signature bold, bright, color-saturated hot pinks, lime greens, and aqua blues on a neutral background. This is available here on base "Super Silky" (\$31.00, 100 grams, 400 yards, 80% superwash merino/20% silk, CYCA #2).

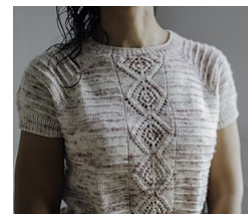
What to make with this gorgeous colorway? Laura Dobratz of LD PURLS has introduced *I'd Rather Dot* in two patterns for one full skein fingering and contrasting Smalls -- socks and a cowl (cowl pattern \$4.00, socks pattern \$6.00, both available as Ravelry Pro downloads through Kathy's Kreations)! The socks are worked from the top down, utilizing simple slipped stitches, the perfect relaxing pattern when you'd rather not do anything but knit the day away. If you're not into socks, Laura has written a matching cowl pattern, *I'd Rather Dot Cowl* bandana-style cowl knit in the round from the top down. It's small and sweet and you can probably knit it in a weekend. It's a great stash buster, would make an ideal gift, a stylish accessory for all seasons, and the perfect relaxing summer knit!

Plan to keep a designated "on the go" project this summer for travel or to take advantage of small opportunities to stitch while commuting, waiting for an appointment, etc. We have a couple MADELINE TOSH DELLA Q and KATHY'S KREATIONS bags that are just the ticket. Be sure to include a notepad/pencil, your pattern, and other essentials like point protectors, a gauge check and fix-it tool, just in case! We have new sets of stitch markers designed by LINDA CABLE with a summery butterflies and flowers theme (\$7.00/set). Another must-have is new arrival KNITPRO Rosegold Folding Scissors (\$6.95) in a compact floral print fabric zippered case. These feature a shiny metal finish and conveniently folds down for protection from sharp points...

Having issues when tightening interchangeable needle tips to cords? With our new ADDI Grip (\$4.50), you can easily grasp, open and close the ADDI Click clasp & other connectors...

A favorite choice for a fingering weight base, WONDERLAND YARNS "Mary Ann" is super-soft superwash merino with nylon to make it long-wearing (\$28.95, 4 oz., 475 yards, 85% superwash merino/15% nylon, CYCA #2). The Garden Party Spring Tonal Sampler and Spring Variegated Sampler collections in gorgeous hand-dyed pastels and mid-tones have just arrived for your stitching pleasure.

These shades and base would be an ideal choice for JOJI LOCATELLI's newest fingering weight design, *Silfurberg* (\$8.00 pattern, Ravelry Pro download available through Kathy's Kreations, shown lower right). Joji designed this delicate summer top during trips to Iceland last year. It was named after an Icelandic crystal that splits the light into quiet rainbows. This pullover is knitted from the top-down in one piece. It has short raglan sleeves and a subtle neck shaping, plus it includes ten sizes. The front and back are adorned with a beautiful diamond lace pattern, and the main fabric features textured purl ridges...



*** MORE GREAT NEW STUFF ***

With lightweight, modern tee projects a major trend this summer, we are captivated by the *Encinitas Top*, a design by Irina Anikeeva (\$9.50 pattern, Ravelry Pro download available through Kathy's Kreations, shown upper right). It suffices to say that cables are one of our favorite stitch pattern types around Kathy's Kreations. This top, created with structure and elegance in mind, features a clean, fitted silhouette with striking angled rope cable panels that run from the underarm toward the center of the body, creating a visually flattering V-shape. The rest of the body is worked in stockinette stitch, providing contrast and allowing the cablework to stand out. The sleeves are knit in the same intricate cable-and-lace pattern as the side panels, giving the design continuity and textural interest. The neckline is finished simply, and the hem and sleeve cuffs are worked in neat ribbing for a polished look. Stitch pattern is charted and has written instructions as well. Yarn tip: This would look great knit with our drapery DK weight HiKOO "Sueno" (\$17.50, 100 grams, 255 yards, 80% merino superwash/20% viscose from bamboo, CYCA #3)...



© Irina Anikeeva

Oak Hill Top also from Irina Anikeeva (\$9.50 pattern, Ravelry Pro download available through Kathy's Kreations, shown page 7 lower left) is another one of our favorites to knit this summer. Designed for effortless wear, this versatile sport weight top brings class and sophistication. The details, such as the dolman shape of the sleeves and the simple lace pattern adorning the yoke of the piece, make *Oak Hill* a staple in any wardrobe. This tee is worked circularly from the hem to the armholes; short rows define the shoulder fit while the structure is reinforced with a 3-needle bind off. Stitch pattern is charted and also has written instructions. Our recommended yarn for this project is EMMA'S YARN "Comfy Cotton DK" (\$29.50, 100 grams, 232 yards, 50% superwash merino/50% cotton, CYCA #3)...

What to make with our new luxurious MADELINE TOSH "Lunar" (\$26.95, 50 grams, 401 yards, 60% extra fine merino/40% mulberry silk, CYCA #1)? The la-dee-da *Envoy Shawl* by Shellie Anderson (\$10.00 pattern, Ravelry Pro download available through Kathy's Kreations, shown page 8 upper left) highlights your personal panache. The radiant fabric falls naturally into elegant folds and, using just one skein of "Lunar", this scarf is quick to knit and easy to style...

Shawls are a perfect summer project, both to knit now and wear later. We are loving them as one-skein wonders, so prevalent now. *Traveling Solo* by JOJI LOCATELLI was designed for a single skein of fingering yarn, "traveling solo" towards the destination to becoming something else (\$7.00 pattern, Ravelry Pro download available through Kathy's Kreations, shown page 7, upper right.) The construction of this crescent-shaped shawl is really easy: it is worked flat from the top down, with increases at the beginning and at the end of each right side row. So pretty and feminine...

The concept of the four elements -- earth, water, air and fire influenced the ancient Greeks and continues to influence art, literature, and other aspects of culture. Inspired by the Air element, *Windborne* by WOOLENBERRY is a shawl that celebrates freedom and movement, wrapping you in the promise of endless possibilities (\$9.52 pattern, Ravelry Pro download available through Kathy's Kreations, shown lower left). It's an asymmetrical triangular shawl featuring delicate texture, large eyelets, and beautiful lace. The textured body is worked in stockinette stitch and horizontal garter ridges. The eye-catching lace plays with left and right-slanting decreases to create movement and flow. Pair it with your favorite fingering yarn (we love it in MADELINE TOSH "Twist Light"), and you won't be able to put your knitting down...



© Janina Kallio



*** JUNE 2025 KNIT ALONG ***

Variations Shawl by Tif Neilan (\$8.00, Ravelry Pro download available through Kathy's Kreations, shown upper left) is a small sport weight triangular shawl worked from one end to the other and shaped with increases along one edge. This rhythmic design features textural stripes of Interrupted Garter stitch worked with two differing yarns in each section. This shawl ends with a border of Garter stitch and Twisted Rib for a polished finishing touch.

We chose this design for our June 2025 knit along because it encourages colorplay and exploration! The easy-to-remember stripe pattern is repeated from beginning to end, with color transitions occurring throughout. This pattern was designed using marled variegated yarns for the Main Colors, boosting the color-shift effect. Tonal or solid colors are suggested for the Contrast Colors. Kathy's choices for this project are MANOS DEL URUGUAY "Sami" (solid) and "Marla" (marl).

Come knit with us on **Fridays June 13, 20, and 27, 2025 from 10:00 am - 2:00 pm (we will be closed on June 6 for "Hershey" movie filming)**. Work on this, or any other project purchased here at Kathy's Kreations (we're crochet friendly, too!). If you can't join us in person, please post your progress on our Ravelry page, We Love Kathy's; Instagram (#kathyknitz) or Facebook (Kathy's Kreations; Ligonier, PA)...

*** MYSTERY BLANKET KNIT ALONG ***

Join our year-long Mystery Blanket Knit Along using BERROCO YARNS "Vintage" worsted weight and take your knitting skills to the next level! BERROCO will release one or two new patterns on the first Thursday of each month. Breaking this project into small, manageable steps helps you to master one technique at a time, and soon you'll see that your skills will improve. As we progress through the year, the techniques for the squares will grow increasingly intricate, offering both challenge and delight for knitters of all skill levels. You'll knit twenty total 12" X 12" squares, exploring techniques like texture, lace, cables, colorwork, and more! Discover new constructions -- from outside-in and center-out to straight-up knitting. Seam your squares together, add a border, and reveal a beautiful blanket. The finished measurements will be approximately 52" X 64".

Need help learning these new skills? Kathy Zimmerman will be available for how-to help for this project at our knit alongs every **Friday of every month from 1:00 pm - 3:00 pm, or by appointment during business hours**. There is no charge, but yarn for this project must be purchased at Kathy's Kreations. Choose five colors of BERROCO "Vintage" that you love (ask Kathy for more information and assistance with yardage requirements). We will be glad to help you in selecting your color palette. You may join in at any time...

*** UPCOMING CLASSES IN THE SHOP ***

Looking for your next project or to learn a new technique? The *Let's Knit* class series with instructor Karen McCullough continues on **Tuesday, June 3, 2025, 1:00 pm - 3:00 pm**. The selected project is *Drifting Dawn* by Janina Kallio, a narrow bias-knit scarf with an easy eyelet pattern and subtle texture. Bias construction creates sleek tapered ends and exquisite drape, while a provisional cast on and I-cord bind off at both ends add a polished finish. Just enough detail and technique to learn to make it interesting, but never complicated. You'll end up with something lightweight, wearable, and endlessly versatile. It's the kind of project you can pick up, put down, and always ease right back into. That makes it perfect for summer!

Class supplies needed include 437 yards fingering weight yarn from our collection, and US size 6 (4 mm) knitting needles, either circular or straight (piece is worked flat). Registration fee is \$20.00 plus purchase of Ravelry Pro download pattern from Kathy's Kreations (\$9.63 pattern, shown lower right)...



*** KNITTING TRENDS FOR SUMMER 2025 ***

Oversized /Cardigans: Large, cozy cardigans will continue to be popular, offering a comfortable and stylish look

Texture: Emphasize texture with cables, ribbing, and openwork patterns

Lightweight fibers: Choose breathable and soft fibers like cotton, linen, and bamboo for summer comfort

Geometric and Ethnic Influences: Expect to see geometric patterns and ethnic-inspired designs in knitwear

Vibrant colors and prints: Vibrant earth tones and pops of color, as well as stripes and animal prints, will add visual interest

Crochet: Crochet is making a comeback with intricate patterns and modern silhouettes, from dreamy dresses to stylish cardigans. *Juniper Cowl* by Toni Lipsey (pattern \$7.50, shown upper right, available as a Ravelry Pro download through Kathy's Kreations) is a great crochet project choice for fingering weight mini-skeins or to use up stash. Place your minis in a fade order or a random assortment -- you can't go wrong with this versatile accessory!

Classic and Adaptable: Expect to see classic knitwear like V-neck sweaters that can be easily adapted for different styles and seasons. Shawls are a perfect summer project. We recently discovered the *Seismic Shift* shawls, available in both knit and crochet versions (each \$6.00 pattern, Ravelry Pro download available through Kathy's Kreations). Beginning at the top of each shawl is a color block striped section leading to chevrons that call to mind the erratic zigzags of waves on a seismometer.

Accessorize: Triangle scarves, knitted bandanas, and bonnets will be popular accessories. A popular choice is *Dew Drops Scarf* by Lisa Hannes (\$7.37 USD pattern, Ravelry Pro download available through Kathy's Kreations, shown page 8 lower right), an airy eyelet pattern with eye-catching graphic lines. It has been designed to showcase your most precious skein of hand-dyed fingering weight yarn. This sideways knit shawllette is knit from tip to tip in an elongated diamond shape.



© Toni Lipsey

*** STITCHING AND WELL-BEING ***

"Knitting and crocheting are brain exercises in disguise. They challenge your memory, focus, and problem-solving. A 2011 NIH study found that adults who regularly engaged in mentally stimulating activities -- like knitting and crocheting -- had a 30 - 50% lower risk of developing mild cognitive impairment later in life. That means that every project isn't just an act of creativity -- it's an investment in your long-term cognitive wellness. Stitching helps keep your brain sharp and your mind active -- an incredible long-term benefit of a pastime many of us already love. So while you're stitching something beautiful, you're also investing in your cognitive wellness. That's the kind of multi-tasking we love." Source: NIH, 2011 -- "Engaging in cognitive activities, aging, and mild cognitive impairment."# knit_picks, IG

*** CROCKPOT RAVIOLI ALFREDO ***

The hit of Spring Break, this easy crockpot lasagna-style casserole is tasty and doesn't require any pre-cooking -- just layer the ingredients in the slow cooker and simmer.

2 packages (12 oz.) ravioli from the deli case (pick your favorite)

2 (16 oz.) jars alfredo pasta sauce

8 oz. shredded rotisserie chicken

2 cups mozzarella cheese or your favorite Italian blend

Spoon 1 cup sauce into bottom of crockpot (important!). Top the sauce with an even layer of chicken and ravioli. Be sure not to crowd on top of each other. Top the pasta with half the cheese. Pour one jar of sauce on top, followed by remainder of chicken and ravioli. For the final layer, add the rest of the sauce and sprinkle the remainder of cheese on top. Heat on low for 4 hours, do not overcook.



*** STEEL VALLEY YARN CRAWL ***

The Steel Valley Yarn Crawl is, in our opinion, the ten best days of summer! With nine yarn shops participating, this is an event you won't want to miss. Please join us **August 1 - 10, 2025**. Meet up with your "yarn buddy" friends and other fiber lovers for this self-guided tour of the premier yarn shops in the Pittsburgh and western Pennsylvania area. The yarn crawl features a "passport" to get stamped at each of the participating shops: Chicken Knitz, Kathy's Kreations, McWalker Yarns, Moon & Yarn Craft Room, Oakmont Yarn Collaborative, Raggz Fiber Art, Sewickley Yarns, Wildchild Stitches, and Yarn Bits and Bobs. Passports are now available at Kathy's Kreations (\$15) and come with a stainless steel insulated water bottle with the Steel Valley Yarn Crawl logo. Please contact us for more information or to purchase a passport...



© Irina Anikeeva

*** FALL FLING 2025, A SPECIAL AUTUMN EVENT ***

We are pleased that knitting instructor extraordinaire Cynthia Spencer of REALLY CLEAR DESIGNS will be our featured teacher for our 14th annual Fall Fling **September 26 - 28, 2025**, hosted by Kathy Zimmerman. Cynthia taught writing and ed. psych. at Penn State for many years, but has spent the past 20+ years writing patterns, and surrounding herself with knitting, quilting, color and creativity. Cynthia will be teaching a nine-hour knitting workshop in the Ligonier Townhall Community Room with the following topics: two-at-a-time toe-up socks (a special request from previous attendees), a lecture on how color "works" and the Clarisse beaded necklace. Skill level is intermediate.

Cynthia's *Really Clear* pattern series came about after working with hundreds of knitters and quilters, and learning what they wanted in a pattern. She loves it when knitters understand how to make whatever they want to make. Cynthia is also currently the President of TNNA (The National Needlework Association).

This workshop is already half-filled, and is on a first come, first served basis. Please request a flyer by e-mail or by calling 724-238-9320...

*** A TIP FOR LACE KNITTING ***

If you plan to knit a lace project, consider inserting lifelines into your work. This will help if you've made a mistake and need to unravel your work. When it comes to lace, knit defensively. Your future knitting self will thank you!

*** BERROCO SUMMER TEE PARTY ***

Handknit and crocheted tees are trending! Tees are the ultimate layering piece for any season, any climate, and any style. Get ready to join us for a new summer project -- BERROCO's annual SUMMER TEE PARTY Make Along is going on right now. We have been stitching away and aim to bind off by June 30, 2025. Choose ANY pattern you like, just make sure you are using BERROCO yarn, and join us in making a tee. Let's make this summer stitch-tastic -- are you in?

Need inspiration? ELIZABETH SMITH KNITS has recently introduced a fabulous new pattern that's ideal! Introducing *Ice Maker* (\$8.00 pattern, Ravelry Pro download available through Kathy's Kreations, shown lower left), knit seamlessly from the bottom up. It features simple eyelet motifs along the body, drop shoulder construction and a high V-neckline. You can easily lengthen the body, if you prefer a longer length. Designed to work well with DK or light worsted weight cotton or linen blend yarns (although wool works too), it's a simple and fun summer-friendly project. We suggest BERROCO YARNS "Pima Soft" for this project (\$8.50, 50 grams, 124 yards, 100% pima cotton, CYCA #3). This tee is a great choice for BERROCO's Summer Tee Party make-along...



© Elizabeth Smith

*** KNITTING AND CROCHETING WELLNESS ***

On Instagram, #knittingwellness tells us: "You don't have to disappear into the woods or delete every app to protect your peace. Sometimes, you just need yarn, 20 minutes, and a little bit of quiet. Knitting and crocheting gives your brain something soft to hold onto. It pulls you out of your head and into your hands. It slows the world down -- without asking permission. It teaches patience and self-compassion.



© Joji Locatelli

This isn't about self-care trends. It's about nervous system care. Boundaries. Mental stillness. Intentional slowness. It slows you down and creates a space where you can just "be". Knitting and crocheting (or any kind of making) aren't just cute hobbies. They are practical, powerful tools to come back to yourself and the present moment, a soft landing place when peace seems hard to find. In a world that's loud, fast, and demanding -- stitching helps to create calm and mental clarity. Yarn, texture, and movement help anchor you in the present moment, especially when life feels scattered -- it grounds you in something real. It's a private space in a public world. #knittingwellness, Instagram

*** YARN WEIGHTS ***

Do you have a favorite weight of yarn? Are you maybe not sure how to substitute yarn correctly? On Instagram, #jollylizard shared this information about yarn weight:

"It's not about how much your yarn ball weighs in grams or ounces -- that just tells you the quantity. Yarn weight refers to the thickness of the yarn strand itself. *Thinner yarns* create delicate, lightweight fabrics, while *thicker yarns* produce chunky, cozy textures.

Yarn weight directly affects the size of your finished project, how defined your stitches look, and the overall feel and drape of the fabric. Choosing the right yarn weight is one of the first -- and most important -- steps in any knit or crochet project.

Yarn weights are grouped into 8 standard categories from ultra-thin lace yarns to jumbo-level thick strands (Kathy says: see the Craft Yarn Council of America guideleines for more information). Each CYCA category is numbered and named, making it easier to match yarns with patterns:

- 0 -- **Lace:** Very fine and delicate, Used for doilies, shawls and lacework
- 1 -- **Super Fine (Fingering):** Light and thin. Great for socks, lightweight tops, and baby items
- 2 -- **Fine (Sport):** Slightly thicker than fingering. Works well for garments and accessories.
- 3 -- **Light (DK):** A popular mid-weight yarn, perfect for sweaters, hats and baby blankets
- 4 -- **Medium (Worsted/Aran):** The most versatile weight, ideal for afghans, scarves, and home decor
- 5 -- **Bulky:** Thick yarn for fast projects and cozy winter wear
- 6 -- **Super Bulky:** Very chunky. Great for bold textures and warm items like blankets
- 7 -- **Jumbo:** The thickest category. Used for statement pieces and extreme knitting or crocheting. Choosing the right category helps you get the right feel, drape, and size in your finished project.

*** SUMMER AIR TRAVELING ***

It's always dependent on the judgment call of the security officers, so **BEFORE YOUR GO**, please check with your airline and country regarding specific rules about knitting and crocheting for stress-free travel. In general, these rules and tips will help you to avoid losing your needles or **WORSE**, your entire project. If you are concerned, add a lifeline and keep your WIP off your needles, store interchangeable needle tips in a pencil case with pens and pencils, store needle cords with charging cords, use a dental floss container to cut your work, and avoid long, straight metal needles (try for bamboo or wooden circs without metal connections)...



© Irina Anikeeva



*** CALENDAR OF EVENTS ***

An RSVP is appreciated for all in-store events (classes, knit alongs) as space is limited. Please call us at 724-238-9320 so that we can expect you. Any changes to our shop hours due to inclement weather or schedule change will be posted on our Facebook page and Instagram...

*** JUNE 2025 KNIT ALONG (KAL) ***

Although stitching is a solitary activity, knitters and crocheters enjoy gathering to share their successes, laugh about mistakes, and learn from one another! Whether you've just discovered us or have been with us for years, thank you so much for your support. Stop by on **Fridays during June 2025, 10:00 am - 2:00 pm**, for our engaging *Variations Shawl* knit along (see notes, page 4, not meeting June 6). Not working on the KAL? You're still welcome to come -- it's free! **PLEASE BRING A PROJECT PURCHASED HERE AT KATHY'S KREATIONS** (maybe one that doesn't require much concentration, so that you can engage with the people around you). We love the fellowship created around a table full of yarn. Join our knitting community for gathering, stitching, and how-to's for projects purchased here. This is the place for you to learn, grow, connect, and enjoy being with other knitters and crocheters. Follow us on "We Love Kathy's" Ravelry page, Facebook (Kathy's Kreations; Ligonier, PA) or Instagram(#kathyknitz). Find your "happy place"!

In addition, Kathy Zimmerman will be available for the BERROCO Mystery Blanket project how-to help at our knit alongs every **Friday of every month from 1:00 pm - 3:00 pm, or by appointment during business hours**. There is no charge, but yarn for this project must be purchased at Kathy's Kreations...

*** "LET'S KNIT!" CLASS SERIES ***

Join instructor Karen McCullough to learn the special techniques for the *Drifting Dawn* scarf on **Tuesday, June 3, 2025, 1:00 pm - 3:00 pm** (see page 4 for details)...

*** DIAMOND MARKET ***

The Diamond Market will be held on the first Tuesday of every month June through October from 2:00 pm - 6:00 pm, beginning June 3, 2025. Local vendors will feature a variety of produce, as well as food/merchandise. Due to the Herhsey movie preparation and filming, the June Diamond Market will be held at the Municipal Lot A, across from the Ligonier YMCA. All other Diamond Markets will be held around the Diamond and East & West Main Streets. Due to a lack of vendors, the night markets will not be held this year. We plan to be open for your shopping pleasure during Diamond Market afternoons...

Looking for your next project or to learn a new technique? We're here as your hub for creativity, connection, and inspiration. Private knitting and crocheting "help" for beginners and beyond is available by appointment. Additional group classes are available for groups of 4 or more. Thank you for allowing us to be part of your creative journeys. Keep stitching, keep growing! Kathy's Kreations has been the "helpful hands" of experienced knitting for over four and a half decades!

Every stitch you make tells a story. It's not just yarn passing through your fingers -- it's memory, focus, problem-solving, and presence. When you knit with others, you also build connectivity, identity, and community -- powerful ingredients for emotional well-being. So yes, that project you're working on might be doing more for you than you ever realized!

Knitting, crocheting and making helps you regulate your emotions. It isn't magical, it doesn't always automatically soothe you. But when you choose it as a way to pause and stay present, it can help you to stay calm, both in your project and in life. It rewires your response to mistakes in a gentle way. When you knit or crochet for others -- a baby, a donation, a friend -- you're practicing thoughtfulness! **KEEP KNITTING AND CROCHETING!** Kathy

