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Kathy's Kreations Newsletter May 2023 Update
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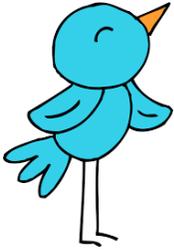
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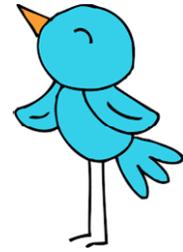


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KATHY'S KREATIONS
 141 East Main Street
 Ligonier, PA 15658
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 MAY 2023 UPDATE



Dear Stitchers,

The search for spot-on, sunshine-ready knitwear style starts here! Let your unique, personal style bloom in tees, brights, stripes, and tanks (everyone's favorite first layer). Play it cool with knit and crochet projects you can't live without. Our gorgeous new collection is inspired by a celebration of the senses and the simple pleasures of warm weather activities.

Have fun with summer style! Trends can be hard to predict, but you can't go wrong if you choose knit or crochet garments that can be styled with the rest of the things in your closet. Wave stitch patterns are trending for summer 2023. Add a pop of color to an otherwise boring outfit and you'll be a trendsetter. Go for a daring color, perhaps one that you wouldn't otherwise choose – bright colors bring out your pretty features. Having basics in your wardrobe is important, too – pair a statement piece with the clothes you already have. Oversize sweaters are still in. The biggest fashion movement of all – it's so trendy to be able to create your own clothing!

For those of us lucky enough to be knitters and crocheters, sitting down with needles/hook and yarn is a great way to unwind, with time well spent at any time of year. According to knitter and yoga teacher Suzan Colon in a recent INTERWEAVE KNITS post, there's even a term for it: "medknitation". She tells us: "Combining the naturally soothing motions of knitting/crocheting with mindfulness can be a powerful thing! Meditation is about training your focus on one thing so that your thoughts gradually recede into the background, the way you no longer notice anything around you when you're really into that lace project. It's about centering your awareness of the present moment ('mindfulness') in an intentional, non-judgmental way, observing your thoughts, emotions, and physical sensations as an anchor in the here and now. Lots of knitters and crocheters say that they go into that same kind of mind state, because it's hard to become stressed when stitching"...

IT'S "MAD MAY" MONTH!

All regularly-priced MADELINE TOSH YARNS in stock
 are 10% off during May 2023

STORE HOURS

OPEN 10:00 am–4:00 pm Monday through Saturday; closed most Sundays
 Closed Memorial Day May 29, 2023

We accept MasterCard, VISA, Discover, American Express, Apple Pay, Google Pay, Tap & Pay
 Private knitting, crocheting lessons & "help" available by appointment

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"We Love Kathy's" on Ravelry, #kathyknitz on Instagram

Find us at our Ligonier Valley Chamber of Commerce Member Page

e-mail kathyknitz@gmail.com
 please visit our website <https://www.kathys-kreations.com>



*** GREAT NEW STUFF ***

Knitting and crocheting are a great way to disconnect from an otherwise busy and tense life, as they are hobbies that allow you to relax and gain a sense of accomplishment after completing your project. Stitching is not just good for your physical and mental health, it's "good for the planet". The good news is that as artisans and makers, we're helping Mother Earth by respecting the process of making something that's unique, high quality and made to last. "Slow fashion" is on the rise — a sustainable approach to making garments, respecting traditional textile arts and crafts and renewable resources like natural fibers. This means you're making pieces you'll reach for again and again over the next few years. Here are some ideas to spark your creativity...

This MAY just be one of our favorite Crazy Beautiful Club colorways of all time! May 2023 (shown upper left) is a million different shades of purples and pinks blended and speckled throughout, topped off with little bits of teals and greens for a true spring/summer beauty! This color makes a stunning summer tee all on its own, but also plays so well with other coordinating colors. Available here on base "Super Silky" (\$31.00, 100 grams, 400 yards, 80% superwash merino wool/20% silk, CYCA #2), "Practically Perfect Smalls" and "Suri Silk"...

DREAM IN COLOR "Smoochy Cashmere" mini skeins (\$10.50, 88 yards, 79% superwash merino/20% cashmere/10% nylon, CYCA #2) are here, because sometimes you just need a little accent here and there. Available in pretty pinks for Mother's Day and spring. DREAM IN COLOR Duo 2-skeins kits of fingering weight "Smoochy Cashmere" are still available for CASAPINKA's *Kitation Shawl* or the easy, breezy, striped top-down V-neck *Rock-It Tee* by Tanis Lavallee (Ravelry Pro download \$7.50, available through Kathy's Krea-tions, shown on page 8, upper left)...

Springtime pastel shades of JUNIPER MOON FARMS "Cumulus" (\$25.50, 100 grams, 251 yards, 94% cotton/6% nylon, CYCA #4) have arrived, looking fresh as a spring meadow: lily lollypop, lavender, buttercup, amber and sweetpea. A couple colorways of "Cumulus Rainbow" (\$26.50, 100 grams, 251 yards, 94% cotton/6% nylon, CYCA #4) are here, too, in cheery shades tropical sunset and orange grove. We love this super-soft yarn for everything from the *Sliding Is Fun* baby blanket (pattern free with purchase of yarn to make this pattern) to LISA KNITS SW-049 *Trellis* tee (\$5.00 pattern), featuring openwork lace at the bottom edge, short sleeve cuff and neckline accent, plus a variety of summer tops...

Imagine this: As you close your eyes, the sound of waves crashing against the shore washes away all your worries. The cool breeze wraps around you like a warm embrace, and you feel at peace. As you open your eyes, you see the blue-green hues of the ocean and are reminded of the shawl draped over your shoulders. The *Oh Hey Vacay shawl*, like the waves, flows with effortless grace (Pattern \$5.00 Ravelry Pro download available through Kathy's Krea-tions, shown lower right). Its vibrant blue-green color evokes a sense of tranquility, and its soft fabric feels like a gentle caress. It's the perfect accessory for a relaxing day at the beach or a quiet evening spent watching the sunset here in the Highlands.

Oh Hey Vacay is built on a garter base, with gentle little waves of Feather and Fan stitch separating larger calming sections of drop stitch Seafoam Wave. Start with a crazy fun variegated skein of fingering yarn and then pull out two semi-solid colors that are in the variegated yarn. The three shades shown in photo are EMMA'S YARN "Super Silky" (\$31.00 each, 100 grams, 400 yards, 80% superwash merino wool/20% silk, CYCA #2) in colorways Wink, Zuni and Overboard.

So take a deep breath, feel the sand between your toes, and let the waves of this shawl transport you to a place of serenity. It's the perfect summer knit that you'll enjoy making now and wearing later...



*** MORE GREAT NEW STUFF ***

Hats are an ideal take-along small project, as well as the perfect transition piece for springtime knitting (you'll be happy that you have it this fall, too). A new favorite is *In Pursuit of Stars* (\$4.00 Ravelry Pro download available through Kathy's Kreations, shown upper right) by designer Laura Dobratz. Star stitch and twisted rib mingle flawlessly together on this hat. The rib is beautifully taut and ready to keep you warm while you pursue your own stars. Sized from newborn to adult large, recommended yarn is EMMA'S YARN "Simply Spectacular DK" (\$28.50, 100 grams, 255 yards, 75% superwash merino/25% nylon, CYCA #3), just one skein needed. Psst, there is a matching *Ollie Cowl*!



©Laura Dobratz

This year's featured LYS Day pattern by Jessica Ays, *LYS Love Shawl* (\$8.00 pattern, Ravelry Pro download available through Kathy's Kreations, back center panel shown page 5 lower left), is a long rectangular wrap that will keep you engaged as you knit. The shawl begins with an elegant lace stitch pattern for the center panel. There is no sewing or seaming since the side panel stitches are picked up along the edges of the center lace panel.

Growing simply and quickly in stockinette stitch, the side panels are perfect for social knitting or TV watching. You'll finish knitting the side panels with a couple of repeats of the lace to bring extra detail and interest to your shawl no matter how you wear it! Our shop model is knit with EMMA'S YARN "Simply Spectacular DK" (\$28.50, 100 grams, 255 yards, 75% superwash merino/25% nylon, CYCA #3) in a gorgeous amethyst colorway called Twilight.

Jessica created this pattern in honor of the recent Local Yarn Store Day 2023, a brick-and-mortar yarn shop appreciation day designed to show support for small businesses. This special event brings together a unique community of knitters, crocheters, weavers, and spinners to drive awareness and celebrate the craft. This is the second year that we have featured Jessica's design for LYS Day. Last year's fabulous design, *Coterie Shawl* (\$8.00 pattern, Ravelry Pro download available through Kathy's Kreations) is on display in the shop. Our shop model was knit in the Magnus colorway of RIVER RAT YARNS "Merino Silk" blend...

Back to the neon shades of the 70's with MADELINE TOSH discotheque "Hue of The Moment"! It's here on base "Tosh Sock" (\$32.50, 395 yards, 100% superwash merino wool, CYCA #2), in vibrant tones of pink, aqua, blue, teal, and orange reminiscent of *Saturday Night Fever*!

The *Harvey Wallbanger Vest* (\$8.00, Ravelry Pro download available through Kathy's Kreations, shown page 6 upper left), a Thea Coleman design, is a trendy wave stitch pattern for a warm weather vest. Thea tells us it is "absolutely addictive". Pairing colors of worsted weight yarn together is an amazing way to use up some most loved leftovers. The scalloped pattern is fast, easy, and knits up into textured "waves" due to the increases and purled decreases in each lace repeat. And the, the color change in the stripes creates a delicate little curve centered perfectly on each of the waves. The subtle combination of color, texture, and lace is pleasing to the eyes...

A new CHURCHMOUSE CLASSICS pattern! The *Seamless Poncho* (\$8.00, available as a Ravelry Pro download through Kathy's Kreations, shown lower left) was inspired by some of our most beloved patterns! This gorgeous poncho has the effortless wearability of the *Easy*



Folded Poncho (a forever favorite here), the smart seamlessness of the *Two-Point Cowl*, and the beautifully mitering diagonals of the *Walking Rib Cowl & Muffler* at the neck and hem. Timeless and elegant, this piece is also wonderfully cozy and comfortable. This pattern was designed in collaboration with MADELINE TOSH in sport/DK weight. We're so excited to offer this fantastic design...



*** MAY 2023 KNIT ALONG & MAD MAY***

Last month's LYS Day was made so special because of the support we received from our suppliers. One of our featured projects was such a hit that we chose it for our May 2023 knit along, namely the *Vinea Scarf*, designed by Tayler Harris for MADELINE TOSH (\$5.00, Ravelry Pro download available through Kathy's Kreations, shown upper left in LYS DAY colorway Bonaire "Tosh Sock"). This modern, arrow-shaped wrap works beautifully with two skeins of variegated fingering weight colorways. The scarf starts with a small number of cast-on stitches. Double increases and decreases are used to create the shape. Check out our selection of MADELINE TOSH yarns for some breath-taking options.

Get ready to cast on and knit with us every Friday throughout May 2023 from 10:00 am–2:00 pm to work on this, or any other project purchased here at Kathy's Kreations (we're crochet friendly, too!). If you can't join us in person, please post your progress on our Ravelry page, *We Love Kathy's*; Instagram (#kathyknitz) or Facebook (Kathy's Kreations; Ligonier, PA).

There's even more to announce: party with us and MADELINE TOSH in May! Each Friday in May, we will be dedicating our knit alongs to #MADMay2023. In addition to our month-long knit along featuring the *Vinea Scarf*, we will host a MAD HATTER PARTY every Friday featuring a different hat pattern using a MADELINE TOSH yarn each week and theme. We look forward to Cinco de Mayo May 5; Mad Hatter Tea Party May 12; National Pizza Party Day May 19 (yes, there will be pizza); and May Madness May 26. Festivities include MAD TOSH yarn and pattern giveaways. Please call 724-238-9320 to reserve your spot as space is limited...

*** FALL FLING WORKSHOP FALL 2023 ***

Plans have begun for our 12th annual "Fall Fling" Knitting Workshop Weekend, September 29–October 1, 2023, hosted by Kathy Zimmerman. It promises to be a special autumn event in Ligonier Valley. Stacey Rivera, the owner and artisan behind River Rat Yarn (photo lower right), will be our featured instructor. From a young age, she has spent her life as an artist & knitter. She has, over the last decade, been focusing on fiber artistry, designing, spinning and dyeing yarn.

Stacey will take us on a journey through yarn substitutions & the effects it has on our finished projects by looking at the fundamentals of yarn such as weight, plies, and fiber content. She will explain these fundamentals and how ply & twist affect the way a yarn knits up. This will help you to create fabrics and finished projects that you will love!

Have you ever used a yarn other than what the designer has chosen and your project came out other than what you expected? We have all been in this situation. There are no wrong choices when it comes to selecting yarns we love, but knowing what to expect from these choices will help us to create garments & accessories that we love. Having a better knowledge of ply and twist will make us want to wear our finished projects time and time again!

We will examine the structure of protein, cellulose & synthetic yarns. We will also spend time learning how to tell these different types of yarn apart, to determine what weight and how many plies your mystery yarns have. We will also explore characteristics of fibers: where they come from and how they behave. We will learn to examine projects based on their content (i.e., lace, cables, texture stitches, etc.) and look at what yarns are best suited for every type of design based on the yarn's weight, plies and fiber content. You will leave with a binder full of resources, tools and knowledge. So come join us in all things "fibery" and have a great time!

Registration flyers are available at Kathy's Kreations, call Kathy at 724-238-9320 or request a flyer with full details by e-mail kathyknitz@gmail.com



*** UPCOMING KNITTING CLASS ***

Our “Let’s Knit!” class series with instructor Karen McCullough continues on **Tuesday, May 9, 2023, 1:00 pm–3:00 pm**. This month’s selection is the *Slip, Knit, Love* shawl, a Lisa Hannes design (shown right).

This shawl is all about slip-stitch and mosaic knitting. It combines garter stitch with some fun-to-knit colorwork elements. Mosaic knitting creates beautiful graphic 2-color patterns that look stunning and complex but are created by using only one color at a time and slipping stitches.

So, it’s relatively easy to knit while creating fascinating results – soon it will become one of your favorite colorwork techniques!

This pattern is fun; it is playful and almost addictive. Due to different sections that change, it knits up quickly and will make a wonderful, easy-to-wear accessory to highlight your “all seasons” daily wardrobe. The pattern contains fully written and charted instructions so you can choose which you prefer to work. You’ll need fingering weight yarn in 3 shades (our shop sample was knit with DREAM IN COLOR “Smoochy Cashmere” 70% super-wash merino/20% cashmere/10% nylon), US 4 & 5 knitting needles and purchase of pattern (\$8.50, Ravelry Pro download available through Kathy’s Kreations)



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*** SPRING CLEANING AND ORGANIZING ***

EUCALAN Delicate Wash is a naturally derived cleaner for a more delicate wash of your most treasured handmade items. Choose from five amazing scents: Eucalyptus, Grapefruit, Jasmine, Lavender, and Unscented. EUCALAN is perfect for washing handcrafted items like knits, crochet, quilts, baby items, and so much more. The gentle rinse-free formula makes cleaning everything easy, releasing dirt and debris from the fibers and into the water. This lends itself to treating the trickiest and most delicate items. This saves your fine garments from extra wear, reduces water consumption and naturally conditions fibers. It’s time to put away our woolies for the season, so be sure to clean them carefully first. Available here in trial size, travel size and full size...

*** WHAT’S THE DIFFERENCE? ***

Lace openwork patterns always enjoy renewed popularity in warmer weather. Did you know there is a difference between knitted lace vs. lace knitting? It’s true! **Lace knitting** is defined as “a knitted fabric where there is a row of plain knitting (usually the wrong side/purl row) worked alternately with a row of knitted holes/yarnovers and decreases made in various ways. **Knitted lace** is knitted fabric where there are holes/yarnovers and corresponding decreases made on every row, like in our featured *LYS Love Shawl* (shown lower left). In other words, there is no “rest row”. This gives more definition to a lace pattern utilizing stitches like p2tog, p2tog tbl, p3tog, p3tog tbl, ssp, sp2p, s2pp2 (whew!).

The easiest way to tell the difference is that the strands separating the holes/yarnovers in lace knitting are twisted. Where in knitted lace, the strands appear more in a suspended manner and not twisted. Knitted lace, since it has more patterning on every row, can require a bit more attention, patience, and skill in forming stitches. However, the more open the pattern, the less yarn you’ll use!

Lace knitting’s elasticity is both a weakness and a strength. The material drapes beautifully because it is elastic, but it needs to be shaped carefully and correctly to show off the material’s design to perfection.

Knitted lace is considered as the finest form of lace due to its thin and complex material. The usual applications of knitted lace are shawls and christening gowns. One famous example of knitted lace is Shetland lace, which is a very fine lace that can be pulled through a wedding ring. Shetland lace enjoyed popularity during Queen Victoria’s reign when the monarch took a liking to this kind of lace as a fashion accessory. Happy lace knitting!



©Double the
Stitches Designs



*** TIPS & TRICKS FROM OUR SHOPGALS & FRIENDS OF THE SHOP ***

From Karen McC: For those who have lots of stitches on their knitting needles and “occasionally” need to put their project down, insert paper clips into the small holes on your interchangeable needle tips to secure the stitches in place. Genius!

From Karen McC: For those who have lots of stitches on their knitting needles and multiple stitch patterns, use lots of stitch markers – a little “bling” could be helpful!

From Karen McC: When casting on lots of stitches, weave a length of yarn every 20 stitches to make it easier to count. This technique is also useful as a makeshift lifeline...

From Karen McC: To make a yarn over at the beginning of the row, simply drape a loop of yarn over the front of the needle, then proceed to knit or purl the next stitch as directed in the pattern...

From Kathy Z: Use stitch markers when working lace knitting (see page 7). Place markers before and after each pattern stitch repeat and remember to count your stitches as you go. The most common mistake in lace knitting is a missed yarn over, which can be corrected on the next row by picking up a strand between stitches to make a yarn over. Another reason to have lots of stitch markers on hand!

From Kathy Z: How long do you make a scarf? Rule of thumb is to make it as long as the recipient is tall. It will be proportional, and can be cozily wrapped around the neck or worn doubled with the tails through the loop...

From Kathy Z: Have leftovers of yarn in shades that coordinate with your home décor? Display those odds & ends in assorted sizes of glass vases – they’ll look great!

From Beth B: Be careful not to knit with your cast on “tail”. Then, be careful not to do it a second time!

From Kim R: When working with multiple colors, join new shade of yarn with a Russian join to have less ends to weave in later. Make a loop for the first stitch of the color change, then weave that tail through itself to secure.

From Marian L: Knit with yarn and a pattern that you love. If you love it, you’ll be more inclined to finish your project...

From Lisa C: Cross 2 stitches as if doing a 1/1 cable when connecting two separate pieces of knitting (classic V-neck, side seam slits, etc.). The connection will be more secure, stable and have a neater appearance...

From 10 Rows A day.com: to knit a hat that sits loosely on your head, use the circumference of your head. If you want the hat to be slightly stretched for a closer fit, deduct 5% from the head circumference. For a snug-fitting tighter hat, deduct 10% from the head circumference. Remember, it’s Mad Hatter knit along month!

From Stacey R: When knitting gauge swatches, keep track of the needle size used by working a yarnover/knit 2 together to show your needles size used in the swatch (see photo lower right, size 5 needles were used to knit the swatch, so there are five holes at the bottom of the swatch). A variation on this idea is to tie knots in the cast on tail, one knot to mark each needle size...



*** MAD MAY MYSTERY HAT ***

So, it wouldn't be a "Mad Hatter" month if Kathy didn't design a knitted hat for the occasion! It is worked in the round and sized for the family. No photo is shown, just yarn suggestions – it's a mystery knit!

FINISHED MEASUREMENTS: 17.5" Toddler (19" small child–20.5" child large–22" adult in parentheses)

MATERIALS: DK weight yarn 100 (125, 150, 175) yards; suggested yarn MADELINE TOSH Tosh DK" 100% superwash wool, shown upper right

NEEDLES: US size 4 (3.5 mm) 16" circular needle for ribbing; US size 5 (3.75 mm) 16" circular needle for body of hat; US size 5 (3.75 mm) double-pointed needles for crown OR SIZE NEEDED TO OBTAIN GAUGE

EXTRAS: stitch marker, row counter

GAUGE: 5.5 stitches/8 rounds = 1" in stockinette stitch, worked in the round

SEED STITCH (worked over an even number of stitches)

Round 1: *K1, P1; repeat from * around.

Round 2: *P1, K1; repeat from * around.

Repeat these two rounds for pattern.

NOTES: Directions are given for one color, however, this cozy hat has potential as a stash buster – choose a different shade for the rolled brim, cuff, or body! Or, work color stripes. When changing colors, work a knit round with the new color for a smooth transition and a better appearance.

DIRECTIONS:

With smaller circular needle, cast on 96 (104, 112, 120) sts. Place marker for beg of round. Join, being careful not to twist sts. K every round for 5 (5, 7, 7) rounds for rolled brim. Change to larger needle. K 1 round. Work in seed stitch pattern for 1" (1", 1.5", 1.5").

K all rounds until piece measures 4.5" (5", 5.5", 6") from beg of seed stitch pattern.

CROWN SHAPING (change to double-pointed needles when necessary):

Round 1: *K6, K2tog; repeat from * around.

Round 2 and all even-numbered rounds: K.

Round 3: *K5, K2tog; repeat from * around.

Round 5: *K4, K2tog; repeat from * around.

Round 7: *K3, K2tog; repeat from * around.

Round 9: *K2, K2tog; repeat from * around.

Round 11: *K1, K2tog; repeat from * around

Round 13: *K2tog; repeat from * around.

Cut a 6" tail. Weave through the remaining live sts and pull up to close top of hat. Weave in ends.

ABBREVIATIONS

beg–beginning; K – knit; K2tog–knit 2 together; P - purl; st(s) - stitch(es)



*** STEEL VALLEY YARN CRAWL ***

It's the ten best days of summer – save the dates Friday, July 28–Sunday, August 6, 2023 for the Steel Valley Yarn Crawl. That's our knitting friend Valerie at last year's event. This year's passports come with a must-have yarn crawl logo tote bag, which will be available for sale after Memorial Day. Participating shops include Chicken Knitz, Kathy's Kreation, Kid Ewe Knot, McWalker Yarns, Moon & Yarn Craft Room, Raggz Fiber Art, Sewickley Yarns, Yarn Bits & Bobs and Yarns By Design. Don't miss out on this fun summer event – tell your knitting & crocheting friends and start planning your itinerary now!



*** CALENDAR OF EVENTS ***

It's still cold, flu and COVID season. Your safety and well-being are of our utmost concern. All in-shop events have returned, but please call ahead for space availability. In accordance with the CDC's current recommendations: "People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with Covid-19 should wear a mask". Hand sanitizer is available throughout the store and you are encouraged to use it before shopping. Please check in with our Facebook page (Kathy's Kreations; Ligonier, PA) and Instagram (#kathyknitz) for any updated CDC information or changes to our hours in the event of inclement weather....

*** MAY 2023 KNIT ALONG (KAL) ***

Although stitching is a solitary activity, knitters and crocheters enjoy gathering to share their successes, laugh about mistakes, and learn from one another. Stop by on Fridays during May 2023, 10:00 am–2:00 pm, for our fun knit alongs, the *Vinea* hat scarf and #MADMAY2023.

MAD MAY 2023 Schedule of Events:

Cinco de Mayo May 5

Mad Hatter Tea Party May 12

National Pizza Party Day May 19 (yes, there will be pizza)

May Madness May 26

When we're knitting or crocheting, it's always happy hour! Not working on the KAL? You're still welcome to come – it's free! **PLEASE BRING A PROJECT PURCHASED HERE AT KATHY'S KREATIONS** (maybe one that doesn't require much concentration, so that you can engage with the people around you). An RSVP is appreciated as space is limited. Follow us on "We Love Kathy's" Ravelry group March 2023 thread, Instagram (#kathyknitz) and Facebook (Kathy's Kreations; Ligonier, PA)...

*** "LET'S KNIT!" Tuesday, May 9, 2023; 1:00 pm–3:00 pm ***

It's shawl season! Instructor Karen McCullough presents a slip stitch beauty, *Slip Knit Love* by designer Lisa Hannes, a clever way to master colorwork knitting techniques like slip stitch and mosaic patterns!

*** FUN FRIDAY, May 19, 2023; 10:00 am–2:00 pm

Come in for the fun and leave with friendships! **Join our knitting community for fellowship, stitching, and how-to's for projects purchased here.** Whether this is your first project or your hundredth, this is the place for you to learn, grow, connect, and enjoy being with other knitters and crocheters. It's National Pizza Day, so RSVP please, as occupancy is limited and there's PIZZA!!!!...

Private knitting and crocheting "help" is available by appointment. Additional group classes are forming for groups of 4 or more. Kathy's Kreations has been the "helpful hands" of experienced knitting for over 43 years!

The relaxing rhythm and hand movements of knitting and crocheting make them the perfect activity to help you unwind and de-stress during the warmer weather ahead. Stitching has been shown to promote wellness, creating strong social bonds, and increasing your feelings of usefulness. Enjoy the therapeutic effects by grabbing your needles or hook, disconnect from the outside world, and cherish the calm...

KEEP KNITTING AND CROCHETING! Happy #MADMAY2023!

Kathy