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Kathy's Kreations Newsletter September 2022 Update to main website—<https://www.kathys-kreations.com>

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SEPTEMBER 2022 UPDATE



Dear Stitchers,

Summer is slowly slipping away. Crisp mornings will soon lead into golden-hued days, and that means it's time for a wardrobe refresh! We're embracing the warm days and cool nights that come with the transitioning season with our latest collection of yarns and project ideas. You'll find garments and accessories that range from light enough for layering even on hotter days to super cozy for the cooler weather ahead.

Hot knitting trend! "Assigned pooling" occurs when a change in stitch and texture is "assigned" to color changes within a skein of variegated yarn. The main color is worked as a backdrop, and an accent color is done in a textured stitch that "pops". We've got new yarns from MADELINE TOSH and RIVER RAT YARNS for this technique and DAWN BARKER Ravelry Pro shawl pattern support (see page 3 for details). Imagine a meadow filled with wild-flowers dancing across your knitting...

What are *the* fall fashion trends to know ahead of SWEATER WEATHER? The mood can be summed up in one word: Nostalgia! Nostalgia comes in many forms depending on your age, interest and experience. Nineties nostalgia will continue to influence autumn 2022 fashion, with mood-boosting hues and gender-fluid tailoring dominating the market — think hot pinks, chartreuse and slouchy oversized sweaters. Designers propose a playful "endless summer" through bold, artisanal knitwear and crocheted styles from head to toe. Big chunky knits and oversized volumes are key trends. At www.brunettefromwallstreet.com, fashionable key sweater trends for Autumn 2022 are the plush sweater (biggest trend), oversized turtleneck sweater, ribbed knit polo sweater, "college" sweater, cable knit sweater, checkerboard sweater and chevron sweater. Get it? Sweaters! Put away the cropped looks, as we will definitely be wearing big sweaters and cable knit shawl collar vests this fall!

Treat yourself, catch a cool breeze and pick up your knitting needles and hooks — fall 2022 is going to be a fun ride for knitters and crocheters!

IT'S "GET READY FOR ALL OF FALL!" MONTH!
All regularly-priced, in stock PLYMOUTH YARNS
are 10% off during September 2022

STORE HOURS

OPEN 10:00 am—4:00 pm Monday through Saturday; Closed Sundays & Labor Day

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Like us, follow us, and share us on Facebook (Kathy's Kreations; Ligonier, PA),
"We Love Kathy's" on Ravelry, #kathyknitz on Instagram
Find us at our Ligonier Valley Chamber of Commerce Member Page

e-mail kathyknitz@gmail.com
please visit our website <https://www.kathys-kreations.com>



*** GREAT NEW STUFF ***

Need a pick-me-up project? Looking for something new? When it comes to knit-worthy goods, there's no better place to find them than at Kathy's Kreations. From the latest yarn to clever notions to trending styles, enjoying your fall hand-knit or crocheted wardrobe is really that simple. We're embracing the warm days and cool nights that come with the changing season. Who loves fall fashion? We certainly do. Hello, Autumn!

With waves of teal-ly blue with sunshine-y specks – EMMA'S YARN September 2022 Crazy Beautiful Club September 2022 is the perfect end to a beautiful summer (shown upper left on base "Super Silky", \$31.00, 100 grams, 400 yards, 80% superwash merino/20% silk, CYCA #2)! This yarn is a perfect choice for a fresh take on the classics...

You spend a lot of time and effort on your projects, so treat them right! COCOKNITS eco-friendly "Sweater Care Washing Bags" are here (\$10.50 small size, \$12.50 large size). These fine mesh cylinder bags keep your knitted and crocheted pieces, or any other fine washables, from stretching or snagging in the wash. Simply fold the sweater or accessory, zip it into the bag, and follow the manufacturer's washing instructions. Whether machine or hand washable, these bags are also great for wet blocking and hand washing delicates in the sink. The large size is the right size to wash sweaters and other medium to large size garments, and will keep them looking great for years to come. The small one is great for socks and accessories. Our tip for customers is to include one of these bags with your hand-knitted gifts along with a trial size of EUCALAN to help the recipient care for their gift properly (especially new parents!). Since COCO-KNITS is committed to reducing plastic waste wherever possible, these bags are woven from recycled plastic.

With COCOKNITS "Maker's Keep" magnetic wrist bracelet, your metal tools and notions won't get away from you! This stylish slap bracelet fits everyone and features an adjustable magnet. It also features lines in inches and centimeters along the underside of the strap. You can wear it on your wrist or drop it in your tote to keep all of your notions in a safe place. This item pairs nicely with our other "Maker's Keep" metal accessories (stitch markers, row counters, ruler), or use it for household items like paper clips, nails, or screws to keep your small metal necessities close to you whenever you need them! Your project bag isn't complete without a COCOKNITS tape measure (\$15.50). Magnetic "Maker's Boards" in both gray and kraft shades (\$36.50) are once again on our shelves – delight in the making!

Fall's finishing touches are all in the details! It's why we take such care when creating accessories that let our own personal style shine through. CASAPINKA's Woven (\$7.00, Ravelry Pro download pattern available at Kathy's Kreations) is a perfect one-skein wonder shawllette for over your favorite jeans jacket. Pick up a skein of variegated yarn that appeals to you from our collection and get started today...

Our own Kathy Zimmerman's most requested pattern at this time of year is her "Pumpkin Hat" (\$4.00, available in shop & at Kathy Zimmerman's Ravelry Store, shown lower right). This easy textured hat may be worked flat with straight knitting needles or in the round using circular knitting needles. Add a trio of tendrils and your darling baby or child will look cute as a pumpkin! Kathy knit hers with MADELINE TOSH "TML Triple Twist" (\$29.95, 130 yards, 100% superwash merino, CYCA #4), but you can use a variety of our hand-dyed worsted weight yarns or easy care fibers for this charming hat. Choose from EMMA'S YARN "Washable Worsted" (\$32.50, 100 grams, 218 yards, CYCA #4), WONDERLAND YARNS "March Hare" (\$24.50, 4 oz., 184 yards, 100% superwash merino, CYCA #4) or PLYMOUTH YARNS "Encore" (\$7.50, 100 grams, 200 yards, 75% acrylic/20% wool, CYCA #4)...



*** MORE GREAT NEW STUFF ***

Adding color to your knitting is a great way to make a graphic statement, and we have a hot new trend technique for you which involves no stranding! The “assigned pooling” effect allows you to play with color and take your knitting to the next level with minimal effort, showing everyone how you know to be clever with your stitches!



©Madeline Tosh

“Assigned pooling” occurs when a change in stitch and texture is “assigned” to color changes within a skein of specially-dyed variegated yarn. Generally, stockinette stitch is assigned to the main color to create a backdrop for the textured stitch “assigned” to the accent shade.

We are joining in on the launch of two dazzling MADELINE TOSH X Dawn Barker Wool Collaboration Pop Art-inspired colors on base “Tosh Sock” (\$33.50, 400 yards, 100% super-wash merino wool, colorway Everyday Objects shown upper right). Dawn Barker is best known for her assigned pooling collection of shawls which are available here at Kathy's Kreations. We're excited to be participating by carrying new colorways that this partnership and can't wait to see them come to life as customers begin knitting.

Designer Dawn Barker has four breathtaking shawl designs for this technique, available through Kathy's Kreations as Ravelry Pro downloads (\$6.00 each):

- *Float*: A simple right triangle reminiscent of little flowers floating on a river or in the wind (shown page 6, upper right)
- *Calico*: A light and airy triangle shawl with floret cluster stitches that looks like your favorite floral print dress. It is wide enough to wrap and drape nicely while only needing two skeins of fingering weight yarn (shown page 7, lower left, on RIVER RAT YARNS merino/cashmere/nylon, a big hit during the Steel Valley Yarn Crawl)
- *Ramble*: A bias triangle shawl that incorporates double-row stripes with a flower-like variation of the spool stitch. It has lovely texture play that will remind you of meandering through a meadow with wildflowers (shown page 4, lower right)
- *Glide*: A slightly smaller version of the *Float* shawl, incorporating the look of embroidered flowers on a sea of simple knit stitches. It's worked flat in just two skeins of variegated yarn engineered to work with Assigned Pooling. Ask to see our shop sample in progress on Kathy's needles!

MADELINE TOSH's new Hue of the Moment is “Shroom With A View”. MADTOSH tells us: “With fungi making news in wellness, mental health, and fashion, we thought it was high time to celebrate the fungus among us. They're also really tasty.” You can find this



transition-season color right here at Kathy's Kreations on base “Tosh Sock” (\$29.95, 4 oz., 395 yards, 100% superwash merino wool; shown page 8, upper left). This limited edition shade will only be around for a short time, so don't miss out on this gorgeous colorway...

It's time for DREAM IN COLOR Pop-Up Club Fall 2022 Edition on base “Smooshy Cashmere” (\$35.50, 4 oz., 400 yards, 70% superwash merino/20% cashmere/10% nylon, CYCA #2, shown at left top). Suggested pattern support features Pia Trans Designs *Carlazzo Shawl* (\$3.95, Ravelry Pro download available through Kathy's Kreations, shown lower left bottom), a simple triangular shawl with stripes of stockinette, colorwork and lacework. With a wingspan of more than 80 inches, this is a large shawl, but it is light and airy because of the material. It is knit with fingering yarn on relatively large needles, which gives it a beautiful drape. The Fall Pop-Up Club continues every month through December 2022, with a new shade each month...



©Dream In Color



*** SEPTEMBER 2022 KNIT ALONG ***

Versatile tee designs aren't just for the heat of July and August. They make great fall layering pieces as well, to make the most out of your handknit wardrobe. The shopgals picked our September knit along project, and *Ooh la la* by Isabell Kramer won by unanimous decision! *Ooh la la* (\$6.00, Ravelry Pro download available at Kathy's Kreations, shown upper left) is worked seamlessly from the top down. The back is worked in plain stockinette stitch while the front features a lace pattern

panel at the center.

Knitting starts with the cast on of the shoulders for the back. Once the short row-shaped shoulder slope is done, the back is worked flat to the underarm. Shoulder stitches are picked up to work the front to the same length. At the underarm, both front and back are joined to work the body top down in rounds to the bottom hem. Sleeve stitches are picked up around the arm openings to work the sleeves (short or long) top down in rounds. Neck finishing is worked last. Our shop model was knit with DREAM IN COLOR "Smoochy Cashmere" (\$34.50, 4 oz., 400 yards, 70% superwash merino/20% cashmere/10% nylon) in colorway Fancy. Please join us in person every Friday throughout September 2022 from 10:00 am–2:00 pm to work on this, or any other project purchased here at Kathy's Kreations. If you can't join us in person, follow our progress and posts on our Ravelry page, *We Love Kathy's*; Instagram (#kathyknitz) or Facebook (Kathy's Kreations; Ligonier, PA)...

Take flight with the *Sharon-Air MKAL* (mystery knit along which began August 12, 2022) that is not just a knitting pattern; it is an experience with Sharon from Security. The pattern is available as a Ravelry Pro download here at Kathy's Kreations for \$12 and goes for six weeks. Breezy and fun, this is our favorite project to knit *en route* to anywhere. You will follow Sharon on her travels as our super hero cat sets out to bring to justice the scariest perp she has ever faced (she is in perp mode right now). You will also enjoy our weekly surprises of recipes for different things, and as usual, we ask you to trust us and not over-analyze it or try to get us to spill the beans. The clues continue every Friday, with the remaining clues continuing through the end of September...

*** UPCOMING CLASSES ***

Karen McCullough's "Let's Knit" class series continues on **Tuesdays, September 6, 2022, and October 4, 2022, 1:00 pm–3:00 pm**. The featured project is Casapinka's *The Snark-o-Meter* (\$12.00 Ravelry download pattern, available through Kathy's Kreations), clues three and four. This was originally our Summer 2021 Mystery Knit Along. This class will continue throughout the summer, worked in sections each month.

The Snark-o-Meter is a design for a rectangular shawl with lots of different textures and a potpourri of pattern stitches, approximately 20" wide and approximately 64" long. It's quite adaptable for length. You will need four skeins of fingering weight yarn (approx. 375 yards each) and US size 4 and 6 needles, 24" or longer. Skill level is intermediate beginner. Class fee is \$20.00 per class session plus purchase of Ravelry download pattern and yarn.

Our *Building Blocks* class series with instructor Karen McCullough resumes on September 20, 2022, 1:00 pm–3:00 pm. This session features "Advanced Decreases", specifically the central double decrease (CDD), working three stitches together resulting in one stitch that lies vertically with no lean. This series will be wrapping up soon, but Karen is available for "help" and one-on-one private knit or crochet lessons by appointment...



*** UPCOMING CLASSES (please call 724-238-9320 to register or for details) ***

Garner and brioche are two go-to ingredients for creating a cozy shawl to knit and wear. The *Satellite Shawl* takes it to the next level with gorgeous textures and contrasting colors, stripes, short rows and that squishy brioche pattern (shown upper right). Join instructor Stacey Rivera on **Saturday, September 10, 2022, 10:30 am–12:30 pm** as she demonstrates the how-to's needed to make this wrap. Class supplies include 625 yards fingering weight for main color, plus three contrasting colors in 250, 300, and 200 yard amounts, US size 4 32" circular knitting needle, a locking stitch marker, tapestry needle and row counter. Class fee is \$20.00 plus purchase of \$7.00 pattern from Kathy's Kreations Ravelry Pro...



*** KNITTING TIPS & TRICKS ***

Circular cowls can be hard to block and display. Linda L uses an empty oatmeal container covered with aluminum foil – very handy!

Always leave a long tail when casting on for use in seaming – it results in fewer ends to bury!

If you travel a lot, invest in a set of interchangeable knitting needle sets. Our shopgals favorite is the CHIAGOO Twist, but advance orders are being taken for CHIAGOO Forte sets coming later this fall...

When making mittens for kids, choose a style that can be worn on either right or left hands.

Did the cable break on your favorite circular knitting needle? Usually the break is at the join where the cable part meets the needle. Don't toss it! Simply glue a small bead onto the cable end. It makes a great stitch holder and the short end can be used when working 3-needle bind offs...

How to avoid running out of "tail" with Long Tail Cast On method when casting on a large number of stitches? Tie both yarn ends of the ball together and begin at the knot when you cast on. When you have the amount of stitches required, simply cut the end that is on the far side of the needle. You will have 2 extra ends to weave in when you're done, but that's less frustrating than having to re-cast a couple hundred...

*** FALL FLING 2022 ***

Kathy's Kreations 12th annual "Fall Fling" Knitting Workshop Weekend will be held **September 30, 2022, - October 2, 2022** at the Ramada Inn in historic Ligonier, hosted by Kathy Zimmerman. Keri Fosbrink (photo shown, lower left) of Connellsville, PA will be our featured instructor. She is the owner and dyer behind YOUGHIOGHENY YARNS and has been creating small batch hand dyed yarns since 2015. Playing with color combinations is what she enjoys the most. Each colorway she creates is crafted by hand in her home dye studio.

Keri will be teaching a nine-hour workshop series that will help you decode using hand dyed yarns in your projects. You'll spend the weekend learning how different dye styles work up; exploring how different stitch patterns change when worked with different dye styles, and learning how to match up those dye styles to your patterns. The workshop series will feature a special knit cowl pattern designed specifically for this event to show attendees how different stitches work with three (3) different dye styles. Yarn kits will be provided and attendees will have their choice of four (4) color options. Please contact Kathy to register for this event (call 724-238-9320)...



*** STEEL VALLEY YARN CRAWL WRAP UP ***

Thank you to all those who attended the Steel Valley Yarn Crawl July 29–August 7, 2022. We deeply appreciate your support of the Pittsburgh area LYS shops. The grand prize winner was Susan S.

Congratulations to our Steel Valley Yarn Crawl shop basket winners:

Basket #1: Susie E

Basket #2: Dorothy L

Basket #3: Anna W

A very big "THANK YOU" to our vendor suppliers who have generously contributed to our door prize baskets – ACCESSORIES UNLIMITED, BERROCO YARNS, BRYSON DISTRIBUTING, COCOKNITS, DREAM IN COLOR, EMMA'S YARN, MADELINE TOSH, PLYMOUTH YARNS, SIMPLE PLEASURES, and SKACEL KNITTING. Thanks also to our shopgals, shop friends, instructors and Facebook techy Vina McLeod Rudolph (social media publicity).

And, yes, we will be doing this all again next year. Join us for the 10 Best Days of Summer **July 28–August 6, 2023** – save the dates!



©Dawn Barker

*** AVOIDING SECOND SOCK SYNDROME ***

Socks are a fun knit, practical and cozy! Just in case you get stuck somewhere or have a few spare minutes, it's great to have some knitting on hand and socks are an ideal take-along project. Here's one solution for warding off Second Sock Syndrome and getting a well-matched pair: Knit the cuff of sock one, then the cuff of the other; the heel of sock one, then sock two, and so on. The stitching will go quickly, and each sock will have its mate!

We've recently heard about sock knitters who prefer to use a "princess sole", where the purl stitches are on the outside (for those with sensitive feet!).

*** RIB KNIT PUMPKIN ***

Yep, it's that time of year! Knit up a whole pumpkin patch for your home décor. The small size is shown at lower right.

SIZE: Small pumpkin, approx. 4-1/2" - 4-1/2" diameter after stuffing, without stem (larger pumpkin in parentheses approx. 6" - 6" in diameter after stuffing, without stem)

MATERIALS: Worsted weight yarn in pumpkin color, approx. 40 yards (Super Bulky yarn approx. 60 yards); US size 7 (US 11) double-pointed knitting needles; a few yards in "stem" color in same weight; Fiber-fil for stuffing; tapestry needle for finishing

GAUGE: Not critical

DIRECTIONS: With yarn weight of choice and corresponding needles, cast on 40 (36) stitches, leaving a long tail. Divide stitches evenly spaced on double-pointed needles. Join for working in the round, being careful not to twist stitches. Work in rounds as follows:

All rounds: Knit 3, purl 2 for small size (Knit 4, purl 2 for large).

Continue in pattern until piece measures 6" (8") or desired length from cast on edge. Cut yarn leaving a 6" tail. Thread yarn onto tapestry needle and pull through all remaining stitches. Pull up tightly to close the hole. Weave cast-on yarn tail through all cast on stitches. Stuff with Fiber-fil or roving and pull tail tight through cast on edge to close the top. Weave in end.

Stem: Using the double-pointed needles and two strands of "stem" yarn, cast on 5 stitches, leaving a 6" tail. *Slide the stitches to the opposite end of the needle and knit across all 5 stitches. Repeat from * until the stem reaches 2" or desired length. Bind off all stitches. Use tail to secure stem to top of pumpkin. Weave in ends.

NOTE: To make smaller or larger pumpkins, adjust in multiples of 5 for small size and 6 for large size (subtract to make smaller, add to make larger).

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*** PANTONE COLOR FORECAST FALL 2022 ***

According to PANTONE Color Institute experts: "Colors choices for Autumn/Winter 2022/2023 support our need for nurturing and tactility, as well as a calm and restorative space, fulfilling our need for comfort. At the same time, the colors also illustrate our need to break free of restraint and embrace the joy of being alive through super bright hues expressing energy, boosting vitality and the celebration of life." It promises to be a lively fall, colorwise!



©Pantone Institute

Contrasting colors that bring together our co-existing desires for rest and relaxation with exuberant expression (starting on bottom of photo, right to left, then top right to left):

Lava Falls: an impassioned orange red with a captivating presence

Samoan Sun: this cheerful color enlightens and illuminates

Orange Tiger: Gregarious, high vis orange with whimsicality

Rose Violet: vivid and vibrant pink, full of zing

Amazon: a lush and fertile broadleaf green

Nosegay: a fragrant, floral pink that envelopes the senses

Waterspout: cleansing, cool and refreshing bright turquoise

Caramel Café: a delicious brown hue that tastefully tempts

Martini Olive: a fruit-inspired green tone with a touch of brine

Midnight: A hypnotic deep teal blue evocative of the evening sky

And the classic, seasonless core classic hues those versatility expresses longevity (right to left, top of photo):

Artic Wolf: a softly shaded, tactile white

Autumn Blonde: creamy and gentle

Polar Night: a cosmically inspired dark blue hue

Loden Frost: an earth-infused green tone that calms and restores

Chiseled Stone: a non-presumptive gray displaying a silent strength

*** FALL 2022 FASHION TRENDS ***

Fall 2022 will see a shift to more creative and artisan-inspired knitwear, with lace stitches, open work, intarsia, and extremely textured yarns gaining momentum. Crochet continues to be a favorite. Expect to see hand-crafted crochet looks with patchwork elements (great for accessories like handbags and hats). Knitwear will take on a more expressive overall look and feel as personal style becomes more essential, with a "no rules" approach to dressing. Fluidity of fashion makes it fun, but the best advice is stick to the basics and the wardrobe staples that make you feel comfortable.

However, there are plenty of timeless and classic styles too. Layerable turtlenecks are key styling pieces. Knitwear in brushed yarns and mohair are ideal for cocooning comfort. Look for a more fluorescent, neon-based palette with saturated hues and bold statement stripes. Fluidity of fashion makes it fun, but the best advice is stick to the basics and the wardrobe staples that make you feel comfortable...

*** CHOOSING THE CORRECT SIZE FOR YOU ***

INTERWEAVE tells us: "Frequently, when choosing which size to make for a sweater pattern, knitters base their decision around just one measurement – the bust measurement. But with so many variations in body shape and infinite combinations of length and circumference, getting the right fit for you requires a different approach."



Kathy suggests that an accurate shoulder measurement is critical. If a garment fits well at your shoulders, it will look and feel better even if the fit in the rest of your sweater is a bit off. Choose a size that fits your shoulders as well as your bust. Taking accurate measurements and using the schematic to make adjustments is the key to a good fit!

©Dawn Barker



*** CALENDAR OF EVENTS ***

Your safety and well-being are of our utmost concern. All in-shop events have returned, but please call ahead for space availability. In accordance with the CDC's recommendations: "People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with Covid-19 should wear a mask". Hand sanitizer is available throughout the store and you are encouraged to use it before shopping. Please check in with our Facebook page (Kathy's Kreations; Ligonier, PA) and Instagram (#kathyknitz) for any updated CDC information or changes to our hours...

*** SEPTEMBER 2022 Knit Along (KAL) ***

Although stitching is a solitary activity, knitters and crocheters enjoy gathering to share their successes, laugh about mistakes, and learn from one another. Stop by on Fridays during September 2022, 10:00 am–2:00 pm, for our fun knit alongs. When we're knitting or crocheting, it's always happy hour! Not working on the KAL? You're still welcome to come – it's free! **Please bring a project purchased at Kathy's Kreations** (maybe one that doesn't require much concentration, so that you can engage with the people around you). Follow us on "We Love Kathy's" Ravelry group, Instagram (#kathyknitz) and Facebook (Kathy's Kreations; Ligonier, PA)...

*** FUN FRIDAY, September 16, 2022, 10:00 am–2:00 pm ***

Come in for the fun and leave with friendships! **Join our knitting community for fellowship, stitching, and how-to's for projects purchased here.** Whether this is your first project or your hundredth, this is the place for you to learn, grow, connect, and enjoy being with other knitters and crocheters. RSVP please, as occupancy is limited...

*** "LET'S KNIT!", Tuesdays, September 6, and October 4, 2022, 1:00 pm–3:00 pm ***

The featured project is Casapinka's *The Snark-o-Meter* (\$12.00 Ravelry download pattern, available through Kathy's Kreations), clue three in September and clue four in October. See page 4 for details...

*** FALL FLING WEEKEND WORKSHOP, September 30–October 2, 2022 ***

This year's special guest instructor is Keri Fosbrink of YOUGHIOGHENY YARNS. Keri will be bringing along a trunk show of her beautiful yarns and will advise us on techniques for using them...

*** FORT LIGONIER DAYS ***

This premier fall festival is scheduled for **October 13, 14, 15 & 16, 2022**, just when the glorious fall leaves are at full peak. Commemorating a key battle of the French & Indian War, Fort Ligonier Days offers a variety of activities around the beautiful Ligonier Diamond Park, throughout the historic town, and at the authentically reconstructed Fort Ligonier. Kathy's Kreations will be running both indoor and outdoor sales all weekend!

Private knitting and crocheting help is available by appointment. Additional group classes are forming for groups of 4 or more. Kathy's Kreations has been the "helpful hands" of experienced knitting for over 42 years!

There's no better time than fall – the knitter's favorite season – to express yourself through your stitching and celebrate your personal style. We hope that our latest collection of yarns, notions and project ideas sparks your imagination and creativity. Fall into fabulous! **KEEP KNITTING AND CROCHETING!**

Kathy